

	chest Pass / Bounce Pass /Activity : 50 mtr race		Part by part method			
Week-4	Skills of the game Basketball -Passing	Understand when to use each pass during gameplay situations.	Lecturer method	2 periods	Practice at home	Basketball
	combining chest Pass & Bounce Pass		Demonstration			Cones
	Free Play /Activity : 50 mtr race	while interacting with peers in an unstructured environment.	Part by part method			

Syllabus for class: III			Month:JUNE	Subject:PE	School:PRIMARY
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WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required
Week-1	SUMMER VACATION					
Week-2		SUMMER VACATION				
Week-3			SUMMER VACATION			
Week-4				SUMMER VACATION		

Syllabus for class: III			Month:JULY	Subject:PE	School:PRIMARY
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WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required
Week-1	PRE MID TERM EXAMS & SUMMER VACATION					
Week-2		PRE MID TERM EXAMS & SUMMER VACATION				
Week-3	PRE MID TERM EXAMS & SUMMER VACATION					

Week-3									
	Sports Day Practices	Understand about Rhythmic form of exercises	Set Drill method	2 periods	Instruct practice at home	Racquet, shuttle, cones, markers			
	Game - Badminton - skill - stroke		Demonstrtion		video demonstration				
	Execute basic strokes: Shot - Forehand / Backhand	Mini-matches: Focus on one shot per rally.	Partner stroke practices		Partner evaluation				
	Activity : Selection for sports day events	Understand about the competition							
Week-4									
	Sports Day Practices	Understand about Rhythmic form of exercises	Set Drill method	2 periods	Instruct practice at home	Racquet, shuttle, cones, markers			
	Game - Badminton - skill - Net shots and clear	Understand shot selection based on opponent position.	Demonstrtion		video demonstration				
	Execute basic strokes: Shot - Forehand / Backhand	Mini-matches: Focus on one shot per rally.	Partner stroke practices		Partner evaluation				
	Activity : Selection for sports day events	Understand about the competition							
Syllabus for class: III			Month: DECEMBER	Subject:PE		School:PRIMARY			
WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required			
Week-1									
	Sports Day Practices	Understand about Rhythmic form of exercises	Set Drill method	2 periods	Instruct practice at home	Racquet, shuttle, cones, markers			
	Game - Badminton - skill - Net shots and clear	Understand shot selection based on opponent position.	Demonstrtion		video demonstration				
	Execute basic strokes: Shot - Forehand / Backhand	Mini-matches: Focus on one shot per rally.	Partner stroke practices		Partner evaluation				
	Activity : Selection for sports day events	Understand about the competition							
Week-2									
	Sports Day Practices	Understand about Rhythmic form of exercises	Part by part method	2 periods	Mirror practice at home	Cones, Props required, whistle, drum			
Week-3									
	WINTER VACATION		WINTER VACATION		WINTER VACATION				
Week-4									
	WINTER VACATION		WINTER VACATION		WINTER VACATION				
Syllabus for class: III			Month: JANUARY	Subject:PE		School:PRIMARY			

WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required			
Week-1									
	Sports Day Practices	Understand about Rhythmic form of exercises	Part by part method	2 periods	Mirror practice at home	Cones, Props required, whistle, drum			
	Selection of Athletics events and rehearsal	Understand about the competition							
Week-2									
	Sports Day Practices /	Understand about Rhythmic form of exercises	Part by part method	2 periods	Mirror practice at home	Cones, Props required, whistle, drum			
	Selection of Athletics events and rehearsal	Understand about the competition							
Week-3									
	Sports Day Practices /	Understand about Rhythmic form of exercises	Part by part method	2 periods	Mirror practice at home	Cones, Props required, whistle, drum			
	Selection of Athletics events and rehearsal	Understand about the competition							
Week-4									
	Sports day Final Event	Understand about Rhythmic form of exercises	Part by part method	2 periods	Mirror practice at home	Cones, Props required, whistle, drum			
	Syllabus for class: III		Month: FEBRAURY		Subject:PE	School:PRIMARY			
WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required			
Week-1									
	Overview of game Basketball	Understand the concept of the game basketball & skill related to the game	Encourage effort and participation over perfection	2 periods	Personal progress presentation	Basketball, cones, markers, whistle			
	Inter class Competition - Group games	Cooperate with peers in group movement activities and games							
	Skill related group games								
Week-2									
	Assessment & health Status	Identify and understand different components of physical fitness (strength, endurance, flexibility, speed, etc.).	Explain each test component	2 periods	Track improvements and celebrate progress.	Whistle, Stop watch, measuring tape, etc			
	Khelo Indiaa Fitness Tests	Encourage students to set personal fitness goals.	Demonstrate proper technique						
			Ensure all students, regardless of ability, can participate and feel included.						
Week-3									
	Assessment & health Status	Identify and understand different components of physical fitness (strength, endurance, flexibility, speed, etc.).	Explain each test component	2 periods	Track improvements and celebrate progress.	Whistle, Stop watch, measuring tape, etc			

	Khelo Indiaa Fitness Tests	Encourage students to set personal fitness goals.	Demonstrate proper technique			
			Ensure all students, regardless of ability, can participate and feel included.			
Week-4						
	Assessment & health Status	Identify and understand different components of physical fitness (strength, endurance, flexibility, speed, etc.).	Explain each test component	2 periods	Track improvements and celebrate progress.	Whistle, Stop watch, measuring tape, etc
	Khelo Indiaa Fitness Tests	Encourage students to set personal fitness goals.	Demonstrate proper technique and safety precautions.			
			Ensure all students, regardless of ability, can participate and feel included.			
Syllabus for class: III			Month:MARCH	Subject:PE		School:PRIMARY
WEEK	Syllabus/Topic	Learning Objectives	Teaching Strategies	Periods Alloted	Assignments	Teaching materials Required
Week-1						
	Assessment & health Status	Identify and understand different components of physical fitness (strength, endurance, flexibility, speed, etc.).	Explain each test component	2 periods	Track improvements and celebrate progress.	Whistle, Stop watch, measuring tape, etc
	Khelo Indiaa Fitness Tests	Encourage students to set personal fitness goals.	Demonstrate proper technique and safety precautions.			
			Ensure all students, regardless of ability, can participate and feel included.			
Week-2						
	Final Exam					
Week-3						
	Final Exam					
Week-4						
	Final Exam					

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